



## ALLERGEN

Information Guide

Valid from June 2020





Every effort is made by Posh Kebabs and its colleagues to meet EU Allergen requirements and fully support our customers information needs.

The allergen data we provide is based on recipe information and supplier specifications. However, within our kitchens we do use ingredients containing the following major allergens:

· Gluten

· Eggs

· Fish

·Soybeans

· Milk

· Nuts

· Celery

· Mustard

· Sulphur Dioxide

From time to time may use other ingredients that have:

· Crustaceans

· Peanuts

· Sesame Seed

·Lupin

· Molluscs

It is impossible for us to fully guarantee the separation of these items in storage, preparation or cooking, however we make every effort to do so.

Gluten ingredients which are deep fried will use the same fryers in our kitchens as dishes not containing these ingredients and whilst there may be minimal risk of cross contamination we cannot totally guarantee the absence of wheat or gluten, which may therefore affect extremely sensitive sufferers.

Please ask your restaurant host to confirm any items you are concerned about.

## GUIDANCE ON USING THE ALLERGEN DATA:



Indicates that an allergen is present in the ingredient.



Indicates that NO allergen is used in the preparation of this product.

STARTERS														
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Sesame seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10 mg/kg)
Houmous with Pita bread	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Mixed Olives	N	N	N	N	N	N	N	N	N	N	N	N	N	N

MAINS														
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Sesame seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/l or 10 mg/kg)
Mediterranean Wrap	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y
Falafel Wrap	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Beef Kofta	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Falafel Bowl	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Chicken Salad Bowl	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y
Shish Kebab	Y	N	N	N	N	N	N	N	N	N	N	N	N	N

SIDES														
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Sesame seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/l or 10 mg/kg)
Halloumi Fries	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N
Yellow Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cous Cous	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Chips	Y	N	N	N	N	N	N	N	N	N	N	N	N	N

EXTRAS														
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Sesame seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/l or 10 mg/kg)
Pita Bread	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Garlic Aoli	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Houmous	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Tzatiki	N	N	N	N	N	N	N	N	N	N	N	N	N	N